ST. EDWARDS SCHOOL
KIDS CLUB
An Extended Day Program

PARENT POINT OPPORTUNITY
2019-2020 SCHOOLYEAR

We are offering this exciting opportunity to ALL parents in the school as a way to earn their parents points for the coming year. This program has proved to be very successful in our Extended Care Program in the past.

What we are asking is that you provide a healthy snack for our KIDS CLUB Program. This year we will again be offering both a light morning snack and an afternoon snack. The afternoon snack is divided into two sections - an item from the “Main List” and Beverage list or an item from the “Fruit/Vegetable List” and Beverage list. For the light morning snack, we are asking for a healthy breakfast snack and juice/milk. For the main snack, side snack, and breakfast, parents will be given 3 points. Quantity should be enough for 60 children. We will provide the cups, plates, napkins, and eating utensils. All you need to do is provide the ingredients; KIDS CLUB staff will prepare the food.

The snack can be dropped off during KIDS CLUB hours.

On the back of this form is a list of snack suggestions. I also welcome your ideas for different healthy nutritious snacks for our children. Fruits and vegetables should be washed and ready for us to cut up. We have a microwave and conventional oven to warm foods, and a refrigerator and freezer to keep items cold or frozen.

If you are interested in signing up, please call me at 793-5663 or e-mail me at jfay@csdo.org. Thank you for volunteering for our snack program!

Sincerely,
Jean Fay, KIDS CLUB Director
KIDS CLUB SNACK PROGRAM

Morning Snack: One parent will earn 3 points for bringing a healthy breakfast item and drink for 60 children.

Afternoon Snack: you will earn 3 points for bringing an item from the main list and beverage list; or an item from the Fruit/Vegetable List and beverage list, to serve 60 children.

**SUGGESTED BREAKFAST ITEMS:**

- Bagels with cream cheese
- Breakfast Bars
- Frozen Waffles/Pancakes
- Cereal with milk

**SUGGESTED MAIN ITEMS:**

- Pizza Bagels, pizza sauce and cheese
- Baked potatoes (1/2 per child) and toppings
- Fish Sticks
- Hot dogs and buns, condiments
- Soft Pretzels
- Flour Tortillas & cheese for quesadillas
- Bagel Bites
- Chili and crackers
- Corn Dogs
- Soup and French bread
- Bagel Dogs
- Rice and chicken nuggets/soy sauce
- Taquitos
- Edamame and String Cheese
- Chicken Nuggets and rice
- Macaroni and cheese, butter and milk
- Spaghetti/pasta with sauce/Cheese
- Bread with lunchmeat/tuna, and condiments
- Soft bread sticks with marinara sauce
- Nachos (tortilla chips and Nacho cheese sauce) jalapenos
- Meatballs
- Mashed potatoes and gravy

**Birthday Treat:** Once at end month

- Brownies (2X2)
- Cookies
- Coffee Cake
- Ice Cream Sundaes
- Cupcakes
- Eggs and String cheese
- Costco B-Day cake
- Ice Cream Treats
- Popsicles
- Chili French fries (fries and canned chill)

**SUGGESTED FRUIT/VEGETABLE ITEMS**

- 30 Apples
- 3 Honey dew melons
- 3 Cantaloupe
- 30 Bananas
- 30 Oranges

**BEVERAGE List**

- 1lg can drink mix
- 2 Gallon Juice
- 60 Small bottles of water
- 2 Gallons milk

- Grapes
- Carrots, Celery
- 35 Pears
- Watermelon
- 60 Cuties